Cyflwynwyd yr ymateb i ymgynghoriad y <u>Pwyllgor lechyd a Gofal Cymdeithasol</u> ar <u>Cefnogi pobl sydd â chyflyrau cronig</u>

This response was submitted to the <u>Health and Social Care Committee</u> consultation on <u>supporting people with chronic conditions</u>.

CC15: Ymateb gan: | Response from: Christopher Williams



Hello

I would like help with my chronic conditions or be included in the consultation to help. Any Help or advice you can provide would be greatly apricated

Since April 2021 I have been ignored by doctors and my MP's, and not received the help and care I needed, and I think it if I was I would not be in the position I am today

I have written numerus times to my MP without any Help.

I have been misdiagnosed by the doctor and hospital with anxiety when it was actually Heart failure, given wrong heart medication on one occasion which luckily the pharmacist told me not to take, as I always check due to the doctors not paying attention to my symptoms. You cannot discuss more than one symptom at any time?



I was a 49 year old builder, Property developer

I trained 4-5 days a week, had a great social life, fit & healthy, no underlying health conditions, Ironically I have never had Covid, My main contract was build works for disabled lifts and house adaptions so I was in close contact with the vulnerable so I did as I was told by our government, doctors, and our media convincing us it was the right thing to do, nothing prepared me for how this experimental jab ruined my life, and nearly killed me, and I am unsure of my future life or lack of it.

I had the AstraZeneca experimental jab, March 28th 2021, 3 weeks later had a blood clot in my left leg, I could not walk or drive due to the pain, the doctor told me this was not jab related even though I have never heard of a blood clot and never had one in the 49 years of my life and the doctor did not report it to the yellow card scheme, I recently complained and questioned this and they have now changed their mind and said it was a possible cause.

Makes you think How many more people have had blood clots and the doctors have not reported the adverse reaction to the yellow card scheme?

A few weeks later my body started shaking and my speech started to slur, and I was getting confused and unable to think straight, I had to stop working as it was not safe for me or my work colleagues or my customer for me to carry on and to be honest I was unsure what damage the jab had done to my body and what further damage I was inflicting to my body.

For the months that followed I could not eat, drink, sleep, I was collapsing in the house without warning, I had chronic fatigue, stomach pain was unbearable, and my stomach would swell for no reason, I had 5 stone weight loss over 5 months, basically rocking in a chair. Doctors dismissed my concerns and said I had anxiety and it's all in my head. I would wake every night soaking wet my muscles joint back in severe pain, my heart felt like it was exploding from my chest, and the chest pain was frightening, my blood pressure was extremely high, reading 199/150, my heart rate was hitting 180 beats per minute while sitting, and then I started having seizures 2-3 times a day which would last 1-2 hours I was unaware of the time and unsure of my surroundings when these occurred. Then severe headaches and shooting pain down my left neck and arms started, with pins and needles every night and in the day, I have constant tinnitus which is horrendous and makes it impossible to relax or read a book, the brain fog and confusion is horrendous.

June 2022 things got worse I went to my doctor he sent me to hospital. I was there for 3 days with a pulsing neck, shortness of breath, chest pain, struggling to walk, headaches, and a bad Stomach. They signed me out as they said there was nothing wrong and to see my GP if I was worried about something.

the fact I could not walk or do anything physical was extremely worrying. On visiting my doctor, the following Monday, he said it was anxiety and gave me a dose of antidepressants, and said it was all in my head and go for a walk. I left feeling broken thinking It was all in my head but took his advice and went for a walk, on collapsing again outside my house I was ready to give up, I knew something was wrong so 2 days later I paid again to see a private cardiologist. During the consultation he prescribed water tablets, and a list of tests, echocardiogram, halter monitor, blood tests. These-showed right sided heart failure and 2 leaky valves.

I was rushed into hospital to the cardiac ward where I stayed for 2 weeks and given lots of medication and monitored 24 hours a day to try and stabilized my heart condition and then discharged with Atrial Fibrillation, 40% right sided heart failure & dilated cardiomyopathy, Moderate to severely impaired left ventricular systolic dysfunction & moderate plus mitral regurgitation.

I am currently awaiting a cardioversion to hopefully resolve the atrial fibrillation.

I have not worked since my 1st AstraZeneca vaccine and still currently unable to work to the ongoing symptoms I have experienced since having the vaccine.

My Ongoing since April 2021 are symptoms are -

Headaches – constant, Severe, On pain medication but no help.

Tinnitus – Constant noise, problems sleeping, concentrating, talking, as voice echoes,

Tremors –seems to have calmed down since the heart failure, now only occasionally 2-3 times every week used to be 24 hours a day up to the heart failure June 2022

Seizures – I have had 17 since the heart failure June 2022 these last about 1-2 hours.

Muscle joint back pain – Severe through the day and night, I wake crying most nights in pain.

Ear & Neck – sharp pain left ear radiates down neck and arm, every day.

Eye - Anisocoria in left eye, haemorrhage in right eye

Stomach – Inflammation, severe pain, bloating, diarrhoea, constipation, Exocrine pancreatic insufficiency.

Blood pressure – after the vaccine it was high 190-150, since the heart failure they are keeping it low to repair the heart which is exhausting some days 80-50, as you can imagine the

mental Health – I am having counselling, I have thoughts of ending it, cannot go out since the vaccine due to adverse reactions, I cannot walk far, collapsing, slurred speech, stuttering, feel disassociated, and with all the other symptoms especially stomach and diarrhoea I find it embarrassing.

Heart rate – after the vaccine it was hitting 180 sitting or standing up which I think was the reason for collapsing and getting Dizzy, since the heart failure and medication it drops 40 to 180 so still collapsing and getting dizzy

Heart palpations – was 24 a day after the vaccine with chest pain, this has calmed down to occasionally again due to the heart failure and medication, but I still have them if I walk, stand up,

Heart Failure – I had 40% heart failure.

Dilated Cardiomyopathy -

Mitral prolapse valve – I was diagnosed June 2021 with this and told I was born with it, but a recent Echo cardiogram shows it was either misdiagnosed or I had inflammation of the heart after the vaccine.

Exocrine Pancreatic Insufficiency - I currently have severe pain, bloating, diarrhoea.

Basically I have not worked since 3 weeks after my vaccine and all the above health conditions have progressed since having the vaccine, I am unable to work and have no quality of life with no explanation of how these suddenly appeared weeks after having the AstraZeneca vaccine.

Regards Christopher Williams